## COUNTY OF LOS ANGELES DEPARTMENT OF MENTAL HEALTH PROGRAM SUPPORT BUREAU QUALITY IMPROVEMENT DIVISION CULTURAL COMPETENCY COMMITTEE MEETING MINUTES

Date: 5/8/2013

Present:

Angella Hill-Seetal, DMH Countywide; Ann Lee, Long Beach-South Bay Geo Initiative; Camille Do, API Family Center, L.B.; Dennis Murata, PSB Deputy Director; Haydeh Fakhrabadi, OASOC; Helena Ditko, Office of Family Engagement (conference call); James Randall, SA 2 Administration; Kaliah Salas, DMH (sent a representative); Kia Hayes, PSB-QID, Data/GIS Unit; Leticia Ximénez, Community and Government Relations Division, CCC Co-Chair; Luis Garcia, Tri City MHS; Mariko Kahn, API UREP ((conference call); Mark Borkheim, PSB-QID, CC Unit; Martin Hernandez, Patient's Rights Office; Michael Tredinnick, ACCESS Center, CCC Co-Chair; Mirtala Parada Ward, PSB-QID, UREP; Moses Adegbola, PSB-QI, Data/GIS Unit (conference call); Sandra Chang-Ptasinski, PSB-QID, CC; Staci Atkins, SA 6 Administration; Stephanie Millan, HRB; Sylvia Guerrero, PSB-TIS Unit; Trudy Washington, PSB-QID, CC Unit; Tye Claibourn, Santa Clarita MHC; and Mitsuru Kubota, Asian Pacific Mental Health Center.

Agenda Items	Comments/Discussion/Recommendations/Conclusions	Action Item	Person(s) Responsible
Welcome & Introductions	Attendee introductions		Co-chairs
Review of Minutes	4/10/13 minutes reviewed and approved.		Co-Chairs

## **Presentations**

Under Represented Ethnic Populations (UREP) Leadership Group, UREP Subcommittees, and UREP ISMs – How can CCC and UREP join forces and support each other's efforts?

- Provided a description of the INN-ISM Model.
- Discussed how the ISM program targets to serve the underserved ethnic populations countywide (16 providers targeting Latinos, African/African Americans, Eastern Europeans/Middle Easterners, Alaskan Natives/American Indians, and Asian/Pacific Islanders).
- Discussed how holistic approaches to healing (nontraditional services) were part of the ISM Model.
- Provided a list of the different non-traditional services that were being utilized by the providers.

## **ESM Update**

- FSP Referral Form tracking of gender information
  The CCC made a final recommendation to break the gender item into four separate categories to include "Male", "Female", "Unknown" and "Other" with fill in space next to it. On May 28, 2013, this recommendation will be presented at the MHSA Implementation meeting to be considered by the other FSP age group leads.
- <u>DHCS survey regarding the CC Plan summary of</u>
   CCC recommendations

The ESM thanked CCC members who completed the DHCS survey. This survey consisted of three options for choosing how DHCS should work with the 2010 CC Plans submitted to the former CA DMH. The DHCS survey was made available to the CCC by Mr. Dennis Murata, PSB Deputy Director. The three survey options included the following:

Mirtala Parada Ward, LCSW, PSB-QID, MH Clinical Program Head

Sandra Chang Ptasinski, Ph.D., Clinical Psychologist, PSB-QID, CC Unit

- 1. DHCS to conduct a full review and scoring of the 2010 CC Plans as intended by the CA DMH.
- 2. DHCS to conduct an informal review and provide general feedback to counties via a summary of their 2010 CC Plan strengths and challenges.
- 3. DHCS to focus on a new CC Plan update and not review or score the 2010 CC Plans.

The majority of CCC members who completed the survey chose option #3.

- Mr. Murata forwarded the CCC recommendation to Dr. Southard who also endorsed option #3 and submitted it to DHCS as the LACDMH CC Plan recommendation.
- Newly enhanced Culturally and Linguistically
   Appropriate Services (CLAS) Guidelines in Health and
   Health Care

The U.S. Department of Health and Human Services, Office of Minority Health, has released enhanced CLAS Standards to guide health and health care organizations in implementing culturally and linguistically appropriate services that will assist in reducing disparities, improving the quality of services and promoting health equity. In contrast to the 13 CLAS standards of 2000, the enhanced CLAS now includes 15 standards. The new standards highlight the need to train the workforce, leadership and governance on CLAS guidelines, and sustain the leadership and governance that promote CLAS. Another distinction of the 2013 CLAS standards is the expanded definition of culture beyond ethnic and linguistic groups to also include geographical, religious/spiritual, biological and sociological groups.

ESM will send the link to enhanced CLAS standards to the CCC.

## Workgroup Updates

CDRP—Similarities and Differences Between Ethnic/Cultural Groups

- Representing the California Reducing Disparities
  Project (CRDP) workgroup, Dr. Borkheim presented the
  8 sections anticipated for the PowerPoint that will
  provide an overview of the CRDP Reports. The
  description of the sections is as follows:
  - 1. Introduction and overview of the 5 reports.
  - 2. Range of sub-populations within ethnic groups discussed in each report.
  - 3. Importance of providing a historical analysis to help understand mental health issues of particular cultural groups.
  - 4. Religious and spiritual community settings characteristic of each group and how mental health issues are understood and addressed within these settings.
  - 5. Components that need to be addressed in therapeutic interventions including EBP's.
  - 6. Considerations of family in each of the reports.
  - 7. Cultural/ethnic considerations unique to each of the reports.
  - 8. Summary of the recommendations of each of the reports.
- Dr. Borkheim described an upcoming panel speaker presentation planned for August that will focus on rites of passage in adolescence and childhood in various cultures. Plans are being made to identify knowledgeable speakers who can provide first-hand personal accounts. The focus of the presentations will be to highlight the range of cultural perspectives within particular ethnic groups through first hand personal accounts, as emphasized in each of the reports (see item 2 above).

Marc Borkheim, Ph.D., PSB-QID, CC Unit

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Reduction of Criminalization via	•	Tentative date for tour of Twin Towers County Jail June 12 <sup>th</sup>	PSB-QID, Data/GIS Unit	Kia Hayes
Needs Assessment workgroup	•	In the process of looking at the following data (within the jail system):  o Demographical data (i.e., ethnicity, gender and age)  o Population incarcerated with a mental illness Diagnosis  o Co-occurring disorders/substance abuse Veteran status		
Training Recommendations for Inclusion of Family/Spirituality	•	To work on one of our objectives to incorporate the family and spirituality framework perspective in training guidelines, Dr. Kaliah Salas sent the subcommittee a copy of the Core Practice Model Guide. The subcommittee agreed to review the guide in order to learn more about this family model framework and develop training recommendations.		Ann Lee, Ph.D., Clinical Psychologist, Service Area 8 Administration
	•	To complete our objective to provide brief family model/spirituality perspective trainings to the CCC during the monthly meetings to recruit new members, Helena Ditko presented to the CCC at the April meeting about the Office of Family Engagement. As a result, Helena is now a member of our subcommittee and will assist us with developing training guidelines.		
e-News Column	•	CCC gave tentative approval for the co-chairs to request a monthly segment in the PIO – e-newsletter. The committee members also agreed that they would elicit articles from UREP and other groups so that sufficient articles were in hand before the committee went live with this project. The e-News subcommittee will be publishing timeline expectations for the approval of articles to be submitted to PIO, with the aim of making the process more expeditious. In addition, they		Michael Tredinnick, Ph.D., Supervising Psychologist, DMH-ACCESS Center (Co- Chair)

	will be publishing the reviewer expectations (so that authors will be aware of the criteria upon which recommendations for changes will be made). Currently, there are three articles that have successfully completed the approval process and will be forward to PIO for publication.	
Next meeting	<ul> <li>Wednesday, June 12, 2013; 1:30 pm to 3:30 pm 695 S. Vermont Ave., 15<sup>th</sup> Floor Glass Conference Room.</li> </ul>	

Respectfully Submitted,